Namkha Gyatso Rinpoche Friday 5 - Sunday 7 June 2015

Rigdzin Namkha Gyatso Rinpoche is a master in the Nyingmapa lineage. He was born in December 1967 in Dza-Chu-Kha in the province of Kham, Tibet. His father and grandfather were all ngagkpas (yogis). In fact, he is the 18th generation yogi in his family. Rinpoche has studied and practiced the Dharma from an early age. His most important lamas were Kyabje Dudjom Rinpoche's daughter, Semo Dechen Yudron, and her husband Chonyi Rinpoche.



Dilgo Khyentse Rinpoche recognized Namkha Rinpoche as the twelfth reincarnation of the Tertön (a revealer of spiritual treasures hidden by Padmasambhava and Yeshe Tsogyal) Rigdzin Trak Ngak Lingpa. Later on in life he was also recognised as Tulku Domang Yeshe Dorje, a revered teacher and the root lama of great masters such as Drubwang Penor Rinpoche.

Namkha Rinpoche has spent several years in retreat in holy places in Tibet. He has founded monasteries, and conferred many teachings and initiations. The number of his students can be estimated at several hundred thousands. In Tibet, he was arrested four times and imprisoned three times by the Chinese government. To avoid another imminent arrest, he decided to flee Tibet in 1998.

Since he has fled Tibet, Rinpoche has taught in many other countries like the U.S.A., Nepal, Lithuania, Spain, France, Sweden, The Netherlands and Switzerland. He has created an international Dharma community called Rigdzin Community. Namkha Rinpoche is married and has two children. He currently lives in Lausanne, Switzerland where he has his main Dharma centre.



Teaching on "The Heart Nectar of the Saints" Written by Dudjom Rinpoche Friday 5 June at 19.30 hrs till Sunday 7 June 12.30 hrs.

Dudjom Rinpoche is considered a reincarnation of one of the Twenty-five direct disciples of Padmasambhava (Guru Rinpoche). His predecessor was Dudjom Linga whose terma revelations fill over twenty volumes.

Dudjom Rinpoche himself was born in 1904. It was said that he began to reveal termas from the early age of 8. Many of the Termas that he revealed in his life were 'mind termas'.

"The Heart Nectar of the Saints" is a prayer of aspiration that condenses the essence of the oral teachings. It contains practical advice for practitioners who genuinely want to practice the Dharma and to realise the true nature of the mind.

It is said: "The Dudjom Tersar lineage is fresh, vivid, direct, and with no loss of meaning, words or blessing. These teachings, coming from Guru Rinpoche to Dudjom Rinpoche, and then to us, is a direct short lineage. Therefore, because this lineage is uncontaminated and knows no degeneration by broken samayas, the blessing and attainments are immediate".

Thuktik Yeshe Tsogyal Initiation Sunday 7 June 2015 at 14.30 hrs.

This Heart Essence (Thuktik) of the Dakini Yeshe Tsogyal is a terma of Dudjom Rinpoche, revealed in 1928. It is the main dakini practice of the Dudjom Tersar lineage, and one of the four main terma cycles of Dudjom Rinpoche.

After many hardships such as rape and abuse, Yeshe Tsogyal fled her married life and was taken into the Emperor's harem. Padmasambhava (Guru Rinpoche) then set her free and she became his disciple. She was only sixteen years old at the time (794 A.D.). She practiced intensively the Vajrakilaya Sadhana and rapidly gained accomplishment. She then received all of Padmasambhava's teachings and became one of his main spiritual heirs.

Since Yeshe Tsogyal possessed a phenomenal photographic memory, it was possible for her to memorize vast numbers of texts without the slightest difficulty.

Yeshe Tsogyal became one of the very few famous female teachers in Tibetan history. Padmasambhava advised Yeshe Tsogyal that far from being a hindrance to enlightenment, as was generally accepted, a woman's body is an asset: "The basis for realizing enlightenment is a human body. Male or female, there is no great difference. But if a woman develops the mind bent on enlightenment, the woman's body is better".





Costs:

Teachings & Initiation: Teachings & Initiation & stay: Teachings or initiation separately: Separate warm lunch:

Registration instruction:

100 euro (incl. lunch meals)130 euro (incl. 2 nights & all meals)25 euro (per half day, no lunch)10 euro

Please register by email at <u>g.shehadeh@gmail.com</u>. Registration is final only when payment is received at **Karma Deleg Chö Phel Ling, IBAN: NL62INGB0004499995 and BIC: INGBNL2A** with reference to Namkha Rinpoche, names of participants and your email address. The deadline for registration is <u>Monday 25 May 2015</u>.

The program

Friday 5 June 2015: 19.30 hrs: Teachings

Saturday 6 June 2015:

06.30 - 08.00 hrs: Tara Puja 08.30 - 09.00 hrs: Breakfast 09.30 - 12.30 hrs: Teachings 12.30 - 14.30 hrs: Lunch (warm) 14.30 - 17.30 hrs: Teachings 18.00 - 19.30 hrs: Dinner 20.00 - 21.00 hrs: Chenrezig Practice

Sunday 7 June 2015:

06.30 - 08.00 hrs: Tara Puja 08.00 - 09.00 hrs: Breakfast 09.30 - 12.30 hrs: Teachings 12.30 - 14.30 hrs: Lunch (warm) 14.30 - 17.30 hrs: Initiation of Yeshe Tsogyal 18.00 - 19.30 hrs: Dinner 20.00 - 21.00 hrs: Chenrezig Practice

Lodging:

Please note that there are limited sleeping and sanitary facilities. This is the reason that the price for lodging has been kept on 15 euro per night. Elderly people and people with (serious) physical issues will be given priority to the available beds. Please bring your own tent, sleeping bag etc. or check alternatives in the vicinity: <u>www.airbnb.nl</u> or <u>www.bedandbreakfast.nl</u>